

**AMENDMENTS TO THE SPECIFICATION**

Please add Abstract of Disclosure as follows:

**A B S T R A C T**

The invention relates to a crate comprising multiple cavities for containers such as e.g. yogurt pots or similar. Said crate is created by folding a flat blank and comprises a base and an upper part that extends upwards from the blank plane and is provided with individual, at least partially delimited cavities for inserting the containers. The aim of the invention is to provide a novel crate of this type comprising multiple cavities, which guarantees significantly increased rigidity with an optimum utilization of material and production processes. To achieve this, a stabilizing strut, which connects the base to the upper part is provided between at least two rows of cavities.